

# Summer Recreation League

## Laws of the Game - Modified

### 7 and Under

## Law 1 – The Field of Play

### Mini Field

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length: 30 yards

Width: 20 yards

Field Markings: Distinctive lines not more than (5) inches wide. The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line.

The Goal Area: An 8 foot arc creating a no defense zone in front of the goal.

The Penalty Area: None

Flagposts: Use cones

The Corner Arc: None

Goals: Goals must be placed on the center of each goal line. They consist of six (6) foot pugg style pop up goals. Each team supplies one goal.

## Law 2 – The Ball

Size three (3).

## Law 3 – The Number of Players

A match is played by two teams, each consisting of not more than four (4) or less than three (3) players. There are NO goalkeepers.

Substitutions: At quarters or stoppage of play for injury.

N. B.: A player who is suspected to have a head injury | leaves the field of play for additional evaluation, a substitution can be made in that moment.

Playing time: Each player **SHALL** play a minimum of 50% of the total playing time. It is the coach's responsibility to enforce this rule. Teams and matches may be coed.

The maximum team roster size is sixteen (10).

Players must be registered with UCYSA and team to participate.

## Law 4 – The Players Equipment

Uniforms must distinguish teams (colored vests may be used when teams have similar uniform color). Uniform numbers are not required.

- Matching color socks are not required. Shinguard straps and other similar items are not required to match sock color.
- Captain bands may be worn on leg or outside of sock.

Non-uniform clothing is allowed based on weather conditions.

Shinguards are MANDATORY for both practices and games, and must be covered entirely by socks.

Safety: A player must not use equipment or wear anything that is dangerous to himself or another player. Ear rings must be removed or taped.

## Law 5 – The Referee

There is no need for fully qualified referees to manage 6-U games. One or both of the coaches should officiate/manage the game. The games are intended to be an opportunity for our young players to experience the fun of playing. Minimal rules are needed and should be applied with a generous amount of flexibility. Let the players have the freedom to play with little interruption. All infringements should be briefly explained to the players.

## Law 6 – The Other Match Officials

None

## Law 7– The Duration of the Match

The match shall be divided into four (4) periods of not more than 10 minutes, based on the energy and motivation of the players. There shall be a maximum of a five (5) minute break between each period. The four periods do not have to be of equal duration.

## Law 8 – The Start and Restart of Play

Conform to the FIFA Laws of the Game, with the exceptions that the defending team is at least eight (4) yards from the ball until it is in play. Remember, let them play and do not interfere for technicalities.

## Law 9 – The Ball In and Out of Play

Conform to the FIFA Laws of the Game. Use pass-in in place of throw-ins.

## Law 10 – The Method of Scoring

Conform to the FIFA Laws of the Game.

## Law 11 – Offside

None

## Law 12 – Fouls and Misconduct

Conform to the FIFA Laws of the Game. Slide tackling is prohibited. Deliberate heading is not allowed in 4 vs. 4 games. In all instances explain the infraction to the player. All free kicks shall be indirect. No cards will be shown in this age group.

## Law 13 – Free Kicks

Conform to the FIFA Laws of the Game with the exception that all free kicks are indirect and all opponents are at least four (4) yards from the ball until it is in play.

## Law 14 – The Penalty Kick

None

## Law 15 – The Throw-In

The throw-in is replaced with the pass-in; otherwise conform to FIFA Laws of the Game. Opposing players are to be at least four (4) yards from the ball until it is kicked. The ball is placed on the ground off of the field of play and is passed into the field of play. US Youth Soccer strongly recommends this option to its members.

## Law 16 - The Goal Kick

The ball shall be placed on the goal line one (1) yard to the outside of either goal post. Opposing players step four (4) yards away from the ball and once it is kicked then game on.

## Law 17 – The Corner Kick

Conform to the FIFA Laws of the Game with the exception that opponents remain at least four (4) yards from the ball until it is kicked.

*i* Per U.S. Soccer's Concussion Initiative, if a player is suspected to have a head injury the referee is instructed to stop play allow for treatment/evaluation as needed. If the player leaves field of play for additional evaluation, a substitution can be made in that moment

*ii* During weather conditions of extreme heat and humidity, a water break halfway through each half is acceptable if both coaches agree or the break is prescribed by the local competition authority.