

# Summer Recreation League

## Laws of the Game - Modified

### 13u and 16u

## Law 1 – The Field of Play

### Small Sided Game Field

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length: minimum 70 yards maximum 80 yards

Width: minimum 45 yards maximum 50 yards

Field Markings: Distinctive lines not more than (5) inches wide. The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line.

A circle with a radius of eight (8) yards is marked around it.

The Goal Area: 6 yards out from the goal line x 16 yards wide.

The Penalty Area: 14 yards out from the goal line x 34 yards wide.

Within each penalty area a penalty mark is made twelve (12) yards from the midpoint between the goalposts and equidistant to them.

An arc of a circle with a radius of eight (8) yards from each penalty mark is drawn outside the penalty area.

Flagposts: May use cones.

The Corner Arc: Conform to the FIFA Laws of the Game.

Goals: Goals must be placed on the center of each goal line. They consist of two upright posts equidistant from the corners and joined at the top by a horizontal crossbar. The recommended distance between the posts is twenty four (24) feet and the distance from the lower edge of the crossbar to the ground is eight (8) feet.

Safety: Goals must be anchored securely to the ground. Portable goals may only be used if they satisfy this requirement.

## Law 2 – The Ball

Size five (5).

## Law 3 – The Number of Players

A match is played by two teams, each consisting of not more than nine (9) players, one of whom is the designated goalkeeper. A match may not start or continue if either team consists of fewer than six (6) players.

Substitutions: At any stoppage of play with permission of referee.

N. B.: A player who is suspected to have a head injury, leaves the field of play for additional evaluation, a substitution can be made in that moment.

Playing time: Each player **SHALL** play a minimum of 50% of the total playing time, which is controlled by the coach. Teams and matches may be coed.

The maximum team roster size is sixteen (16).

Players must be registered with UCYSA and team to participate.

## Law 4 – The Players Equipment

Uniforms must distinguish teams (colored vests may be used when teams have similar uniform color). Uniform numbers are not required.

- Matching color socks are not required. Shinguard straps and other similar items are not required to match sock color.
- Captain bands may be worn on leg or outside of sock.

Non-uniform clothing is allowed based on weather conditions.

Shinguards are MANDATORY for both practices and games, and must be covered entirely by socks.

Safety: A player must not use equipment or wear anything that is dangerous to himself or another player. Ear rings must be removed or taped.

## Law 5 – The Referee

Registered referee; preferably with a minimum of a U.S. Soccer Grade 9 certification, or a parent/coach or assistant coach.

## Law 6 – The Other Match Officials

Optional

## Law 7– The Duration of the Match

Conform to the FIFA Laws of the Game with the exception of the match being divided into two (2) equal halves of (30) minutes. There shall be a half-time interval of up to ten (10) minutes. No added time at the end of either half.ii

*ii* During weather conditions of extreme heat and humidity, a water break halfway through each half is acceptable if both coaches agree or the break is prescribed by the local competition authority.

## Law 8 – The Start and Restart of Play

Conform to the FIFA Laws of the Game.

## Law 9 – The Ball In and Out of Play

Conform to the FIFA Laws of the Game.

## Law 10 – The Method of Scoring

Conform to the FIFA Laws of the Game.

## Law 11 – Offside

Conform to the FIFA Laws of the Game.

## Law 12 – Fouls and Misconduct

Conform to the FIFA Laws of the Game. Slide tackling is prohibited in all UCYSA recreation league games.

## Law 13 – Free Kicks

Conform to the FIFA Laws of the Game.

## Law 14 – The Penalty Kick

Conform to the FIFA Laws of the Game.

## Law 15 – The Throw-In

Conform to the FIFA Laws of the Game.

## Law 16 - The Goal Kick

Conform to the FIFA Laws of the Game.

## Law 17 – The Corner Kick

Conform to the FIFA Laws of the Game.

*i*Per U.S. Soccer's Concussion Initiative, if a player is suspected to have a head injury the referee is instructed to stop play allow for treatment/evaluation as needed. If the player leaves field of play for additional evaluation, a substitution can be made in that moment